

Patient and Client Council

Your voice in health and social care

Notes of the Bamford Monitoring Group Meeting Friday 1 September 2017, BCM, Grosvenor House, 5 Glengall Street, Belfast



Members at the meeting:

John McKee, Carer

Justin Greenwood, Service User

Francis McKenna, Service User

Paul McFall, Service User

May McCann, Carer

Brian Sinnamon, Carer

Pat McDowell, Carer

Present:





Jackie McNeill, Patient and Client Council

Briege McAlister, Patient and Client Council

Nigel Warburton, Patient and Client Council


Una Cushnahan, Health and Social Care


Board

Item	Welcome and Introduction	Action
	<p>John chaired the meeting and welcomed everyone.</p>	
Item	Apologies	Action
<p>apologies</p> 	<p>Ursula Campbell, Service User, Jean Hale, Service User, Catherine McGroggan, Service User, Paul Greer, Carer, Gerard McWilliams, PCC and Iolo Eilian, HSC Board.</p>	
Item	Notes of the last meeting	Action
	<p>The notes were approved. Pat asked if there was any update on the planned evaluation of the primary care talking therapy hubs. Jackie asked Una to follow this up with Eithne Darragh, HSC Board to let us know what stage this is at.</p>	<p><i>Una</i></p>
Item	Matters Arising	Action
	<p>Letter issued to Trusts re: Supported Housing Accommodation – Jackie informed the meeting that a sub group was formed to look at this issue and it was agreed to do a scoping exercise to find out what is exactly out there in each Trust area, how many people are on</p>	


	<p>waiting lists, etc. The letter was sent out to the Mental Health Directors in the five Trusts on Friday 25 August and we are waiting on the responses. The Housing Executive have been asked to attend the December BMG Meeting to speak about supporting people programme.</p> <p>Brian said it will be interesting to see the information from the Trusts because he suspects that the communication between those who identify the need and those that provide accommodation, from his own experience is that there is a shortfall there both for people with a learning disability and mental health.</p> <p>Jackie said that it would be good for the sub group to meet once the information from the Trust's is received so that the group can prepare questions for the Housing Executive rep and share these in advance of the meeting.</p> <p>Concessionary Fares (November agenda item)- Jackie informed the meeting that Moira Doherty,</p>	<p><i>Sub-Group Members</i></p>
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	<p>Department for Infrastructure will be attending the November BMG meeting to discuss this issue. The Chief Executive from Disability Action and Brian Drury from the Equality Commission will also be in attendance.</p> <p>Una asked if it would be useful to raise this issue at the Day Opportunities Forum meeting that herself and Brian attend as there are representatives from the Department for Infrastructure on this forum and they are looking at transport issues. Jackie said this would be welcomed.</p> <p>Jackie said it would be good to share questions in advance of the meeting with the parties involved.</p> <p>Bamford Evaluation – Jackie informed the meeting that she contacted Finola McGrady, Department of Health. The Bamford Evaluation is still waiting to be signed off by the Health Minister, whenever someone is appointed to the post. Jackie said that BMG funding has been supplied for this financial year and the group continues as usual</p>	<p><i>Una/Brian</i></p>
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	<p>until we hear otherwise.</p> <p>John informed the meeting that Jackie has been appointed as interim Head of Development and Corporate Services for the PCC and that Joanne McKissick will be administering the BMG in future. Members thanked Jackie for all her work and support over the past few years and wished her all the best for her new post.</p>	
<p style="text-align: center;">Item</p>	<p style="text-align: center;">Updates from Commissioning Team/Programme Board</p>	<p style="text-align: center;">Action</p>
	<p>Paul gave an update on the meeting: South Eastern Trust have submitted a Business Case for their hospital. Guidelines and Audit Implementation Network (GAIN) – RQIA will undertake this work now.</p> <p>Justin reported back from the Programme Board meeting: RQIA – looking at delayed discharges Supporting People – discussion around homelessness and addictions</p>	

	<p>Una informed the meeting that the Public Health Agency have a specific group for homelessness and rough sleepers – they have been working on a piece of work regarding this. Mary Black, PHA is the lead contact.</p> <p>Nigel said that the PCC had done some work around homelessness and Joanne McKissick was the lead for this. It was agreed to ask Joanne for an update on this work.</p>	<p><i>Joanne</i></p>
Item	Membership	Action
	<p>Jackie said that we currently have five vacancies on the group and we did try to recruit members over a year ago but were not successful, and as we thought the Bamford Evaluation was pending we did not pursue this any further. It was agreed that we now need new members on the group.</p> <p>It was suggested that Pre-meetings should be introduced for service users with a learning disability so they can know what is going to be discussed at the</p>	

	<p>meeting and to allow time for this to happen the starting time of the meeting would need to be reviewed.</p> <p>The following was suggested: 11.00am-11.30am – pre meeting (service users with a learning disability) 11.30am-2.30pm – BMG meeting. This needs to be shared with Jean and Ursula for approval.</p> <p>Jackie said the five vacancies we have are: 2 Learning Disability Service Users 2 Mental Health Carers 1 Learning Disability Carer</p> <p>Briege is to email the general recruitment information to members and if they know anyone who would be interested in joining the group they are to share this with them and then they can contact Briege.</p> <p>The Personal and Public Involvement Officers are also to be asked to help recruit members.</p>	<p><i>Jackie</i></p> <p><i>Briege</i></p> <p><i>Nigel</i></p>
<p>Item</p>	<p>Presentation from Una Cushnahan, HSC Board regarding</p>	<p>Action</p>

	work with Health Care Facilitators	
 <p>Health and Social Care Board</p>	<p>John welcomed Una to the meeting and everyone introduced themselves.</p> <p>Una said she is the Learning Disability Service Framework Co-ordinator and Co-Chair of the HCFs Forum. Una joined the HSC Board from the Public Health Agency and her job was to coordinate the Service Framework and within the Framework there are a range of Standards and Indicators. Her task was to get a baseline position from the Trust's mainly as to where they were in relation to the indicators and then set down performance targets. One of the pieces of work is around the Health Care Facilitators.</p> <p>Una thanked the BMG for the opportunity to share some of the work around Health Care Facilitation (HCF).</p> <p>The content of the presentation included the following:</p> <ul style="list-style-type: none"> • What is Health Care Facilitation? 	

	<ul style="list-style-type: none"> • What Health Care facilitators do strategically and operationally • Regional Health Care Facilitators Forum – key areas of work and what has been achieved? • Regional Health Care Facilitators Forum – Key priorities for 2017 -2018 <p>What is Health Care Facilitation</p> <ul style="list-style-type: none"> • The Directed Enhance Service commenced in 2011-2012 – additional funding from DoH provided to the 5 HSCTs to employ Health Care Facilitators (Nurses) • Each HCF is aligned to GP practices in their localities • Purpose of the Directed Enhanced Service (DES) is to allow GPs and HCFs to provide a Detailed annual physical and mental health check for Adults with LD • Offer of referral for further treatment /investigations or interventions • Systematic recall systems • An individual person centred health & wellbeing action plan developed post health check • Signpost to Health promotion 	
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	<p>interventions and initiatives</p> <p>What does a Health Care Facilitator do strategically?</p> <ul style="list-style-type: none">• Supports GP practices• Influences service development/improvement• Collates health information• Creates health promotion opportunities• Promotes access to health information• Facilitates access to range of services <p>What does a Health Care Facilitator do operationally?</p> <ul style="list-style-type: none">• Takes referrals from GP practices• Carries out home visits• Follows up unmet health needs identified in health summary• Supports individuals to develop a health and wellbeing action plan to address their unmet health improvement needs.• Instigates/delivers/ signposts to group health promotion programmes in collaboration with others <p>Regional Health Care Facilitators Forum</p>	
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	<ul style="list-style-type: none"> • Sub forum of the Health Care and Improvement Steering Group (led by PHA). • The aim of the Health Care and Improvement Steering Group is to provide strategic leadership to the various Forums and to improve the health care and social wellbeing provided to people with learning difficulties across all areas of health and social care and to reduce inequalities in health for this. • Forum Membership –the HCFs are represented across the region as well as HSCB (Integrated Care) – co chaired by Una Cushnahan, HSCB & Donna Morgan, Lead Nurse/ HoS NHSCT. <p>The work of the Regional Health Care Facilitators Forum</p> <ul style="list-style-type: none"> • Is determined by the Learning Disability Health Care and Improvement Steering Group. • Key actions for the forum to date has focused on the recommendations and actions arising from the ‘Evaluation of the Enhanced Service specialising in health care for Adults with LD’ Professor Roy 	
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	<p>McConkey, University of Ulster & HSCB(October 2013)</p> <p>Achievements to date of the Regional Health Care Facilitators Forum</p> <ul style="list-style-type: none"> • Standardised Annual Health Check Assessment Form for Adults with Learning Disability • Effective Data collection systems developed following Annual Health check for Adults with Learning Disability • Patient Pathway to support the Development of a Health & Wellbeing Plan • Health and wellbeing Action plan template developed. • DVD developed by SHSCT/ to be used Regionally – explaining the Annual Health Check scheme and promoting the service to service users and carers • Easy read resources – developed by SHSCT to be used regionally <p>Key areas of work for 2017-2018</p> <ul style="list-style-type: none"> • Continue to raise awareness of the HCFs and increased GP uptake. • Disseminate the promotional DVD to Service users and carers to raise awareness of 	
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	<p>the DES to encourage update from practices not currently participating.</p> <ul style="list-style-type: none">• Ensure alternative arrangements are available for patients known to LD services who are registered with practices that do not currently participate in the current DES (such as using day centres as a venue to complete health checks or organise with Community Teams home visits).• Prepare annual report to include number of health checks completed, statistical information such as key health issues identified cross referenced to gender and age.• Develop Health and wellbeing action plans - ongoing monitoring and evaluation of the implementation of Health & wellbeing Improvement plans and ensure they are embedded in care planning within multi-disciplinary teams• Ensure regular meetings between Health Improvement and HCFs at Trust level are taking place and local strategies and action plans are	
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	<p>developed, agreed and implemented.</p> <ul style="list-style-type: none">• Training needs analysis to be completed by health care facilitators to include public health agenda, training for trainers and health improvement education• Input data received post health check on to the information excel system on a regular basis and provide data reports and analysis as and when required to help inform service development and meet the needs of adults with learning disability. <p>Francis asked if the same direct enhance service can be done for mental health patients as some people do not receive an annual check.</p> <p>Una replied that the business case she is working on only covers learning disability services and the money is recurrent.</p> <p>Jackie said we could keep it on the radar for when we are looking at projects for next year.</p>	
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	<p>Pat asked about promoting this service, there are great initiatives but no one knows or hears about them, she suggested promoting these in the supporting living schemes that Inspire, PRAXIS, Positive Futures and Triangle have.</p> <p>Una responded that the advantage of the HCF being based in the Learning Disability Teams within their Trusts is that they work very closely with the social workers and Una hopes the dissemination of the DVD will cover day centres, etc and will show practically what the health check involves.</p> <p>Brian asked does the HCFs know all the people with a learning disability in their areas. Una replied that the HCFs work of the social workers database and it is not up to the HCFs to invite people for their health check, it is the GP's responsibility.</p> <p>Nigel said the PCC do a weekly blog and maybe one of the HCF could be invited to do this and it would promote the service. Una</p>	<p><i>Una</i></p>
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	<p>said she would raise this at the HCF Forum.</p> <p>Jackie said that the BMG had recently held the Healthy Minds Workshop at the end of June where we brought together people with a Learning Disability and their carers and it was really a scoping exercise to give us a snapshot of what their views are on the health and social care services they receive. Nigel has pulled together a summary paper.</p> <p>One of the key findings was that carers referred to the lack of information on mental health services that are available and there was a general awareness of the annual health check and the health facilitator's role. When looking at the current template that is used for the health check, page 6, refers to behavioural disturbances for people with a learning disability. Jackie is interested in getting a copy of the data report to see if this is reflected in the analysis and asked Una to add Briege's name to the mailing list.</p>	<p><i>Una</i></p>
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	<p>Una said that she would make a note of an evaluation because in the action plan last year there was some discussion around this. She would like to get a qualitative evaluation with carers and service users and asked if this is something that maybe the PCC could work with the HSC Board on.</p> <p>Jackie responded that possibly, we are looking for ideas for projects for next year.</p> <p>John thanked Una for her informative presentation and discussion.</p>	
Item	Project Updates	Action
	<p>2016/2017 Projects</p> <p>Mental Health Future Planning Project – Jackie updated the meeting that she had spoken to Briege Quinn and that the funding may be available for this project.</p> <p>Jackie is to check with Iolo if the resource file for future planning for Learning Disability has been put on NI Direct.</p> <p>2017/18 Projects</p>	<p><i>Jackie</i></p>



	<p>Mental Health Care pathway – The Department gave the PCC a number of particular projects for their Business Plan - the Mental Health Care Pathway is one of them. An initial meeting was set up to discuss this. Jackie followed this up with Finola McGrady around three weeks ago and Finola said that she thinks this has slipped between the handover from herself and Andrew Dawson and she would look at this and provide an update. Jackie has had heard nothing since.</p> <p>HSC Experience for people with a learning disability and a mental health problem – Healthy Minds Workshop (Draft Summary Paper) Jackie congratulated Nigel for leading and organising this very successful event.</p> <p>Nigel feels it was really good team work between the BMG and PCC and he thanked everyone for the support they gave him in organising the event including the steering group and thanked the BMG members who attended and took part in the event.</p>	
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	<p>Nigel asked members who attended for feedback on the summary paper particularly around the engagement piece and the event in general.</p> <p>Nigel read out the key findings and asked for comments, and if members feel there is further work to be done on any aspects of this report. Nigel said that from the Circle of Influence engagement piece a lot of people said they went to their GP for advice and thinks this shows how important the annual health check is.</p> <p>Francis suggested scoping out what kind of day opportunities are available for people with a learning disability as this affects their whole quality of life.</p> <p>Nigel said that the BMG done a report on My Way, My Day on Day Opportunities.</p> <p>Brian gave an overview of the annual health check that his son receives and said it was not as detailed as the template that Una had shown the group. There was</p>	
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	<p>certainly nothing in the mental health side or behavioural side.</p> <p>Jackie said that possibly a piece of work could be done with the HSC Board as Una had suggested on evaluating the annual health check on how it is working from a service user and carer perspective.</p> <p>May said that she was recently involved in a carer's questionnaire, evaluating their initial contact with services and really it was the same kind of thing, tick box exercise. May would like the evaluations done as a type of interview and the evaluator should pick up on the stuff immediately, instead of taking a note of "this person is obese", the person should be referred immediately to a dietician.</p> <p>Brian said that GP's are reluctant to refer people with a learning disability for Cognitive behavioural therapy (CBT) as this costs a lot of money.</p> <p>Jackie informed the meeting that</p>	
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	<p>the summary report would not be going to the PCC Board and suggested that it should be disseminated to the Trust Directors for information.</p> <p>May asked is there anything absolutely outstanding in the key findings that the Trust would pick up on.</p> <p>John replied that the main thing coming out of the summary report is that there are still two separate avenues for people with learning disability and mental illness, they do not cross over services.</p> <p>Project Ideas 2017/18 – Jackie asked for ideas for the PCC Business Plan from the BMG members.</p> <p>Francis suggested that he would like the establishment of some type of a recovery group for services users with a learning disability and mental illness if that could be facilitated. Jackie said we would need a bigger piece of evidence to take on a project like that.</p>	
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	<p>Service User/Carer engagement re: evaluation of Mental Health and Learning Disability annual health check – focus on mental health outcomes (perhaps work with Una, HSC Board on this)</p> <p>Mental Health Care Pathway – Department of Health</p> <p>Psychological Therapies project – Member’s choice project</p> <p>Mental Health Capacity legislation Day Opportunities – How is current provision meeting need? Bamford Evaluation recently covered this.</p> <p>Follow on re: carer’s assessments</p> <p>Eating Disorders</p> <p>Prisoners Mental Health</p>	
Item	Correspondence and Events	Action
	<ul style="list-style-type: none"> • Equality Commission – Key inequalities in housing and communities – 20 June 2017 – John attended this. • Contact 7th Suicide Prevention What Works? Conference – 16 	

	<p>November 2017, Titanic Centre, Belfast – Paul, Pat, Francis, Justin and May are interested in attending this.</p> <ul style="list-style-type: none"> • Department of Health - Mental Health Nursing Review and Co-Design Group – requesting nomination from BMG to sit on this group – Initial Workshop 19 September 2017 – May and John would like to be involved in this. 	<p><i>Briege</i></p> <p><i>Briege</i></p>
Item	Risk	Action
		
Item	AOB	Action
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Item	Next Meeting	
	<p>Friday 6 October 2017 at 11:00am, BCM Grosvenor, House, 5 Glengall Street, Belfast, BT12 5AD.</p>	

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