

Patient and Client Council

Your voice in health and social care

Notes of the Bamford Monitoring Group Meeting Friday 2 June 2017, BCM, Grosvenor House, 5 Glengall Street, Belfast



Members at the meeting:

John McKee, Carer

Justin Greenwood, Service User

Francis McKenna, Service User

Paul McFall, Service User

May McCann, Carer

Brian Sinnamon, Carer

Pat McDowell, Carer

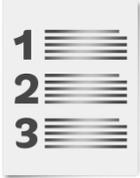
Present:

Jackie McNeill, Patient and Client Council

Briege McAlister, Patient and Client Council

Nigel Warburton, Patient and Client Council

Gerard McWilliams, Patient and Client Council

Item	Welcome and Introduction	Action
	John chaired the meeting and welcomed everyone.	
Item	Apologies	Action
<p data-bbox="326 428 444 449">apologies</p> 	Jean Hale, Service User and Catherine McGroggan, Service User. John said he would contact Paul Greer as he has not been present now for three meetings.	
Item	Notes of the last meeting	Action
	The notes were approved with subject to a minor change in Page 17, change “companies” to “charities”.	Briege
Item	Matters Arising	Action
	<p data-bbox="607 1125 1159 1220">Sub Group Meeting re: Briefing Paper on Supported Housing Accommodation</p> <p data-bbox="607 1230 1192 1890">–Jackie said at the last meeting it was agreed to set up a sub group meeting to pull together a position paper. Jackie had typed up the initial thoughts and this was circulated to members. Today’s sub group meeting will not go ahead as it does not suit all members. It was agreed that the sub group meeting will be held on Thursday 29 June at 3.30pm following the Learning Disability event.</p>	BMG Members

	<p>John asked Nigel if he had contacted the leaders of the Political Parties asking them to field someone at the Healthy Minds event on the 29 June.</p> <p>John continued that Bamford comes under the Mental Health All Party Working Group and or the Learning Disability All Party Working Group and these are run with the agendas of host Charities, Mental Health is Mindwise and Learning Disability is Positive Futures.</p> <p>Francis asked if BMG could have a representative at the All Party Working Groups. John replied that anybody can attend these, they are open door. Paul said that the BMG could apply to present at these meetings.</p> <p>Jackie thinks this would be a good idea in fact that we could make presentations on various pieces of work to the particular All Party Group.</p> <p>Nigel said we would normally invite all the MLA's to our events but we do not currently have</p>	
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	<p>MLA's.</p> <p>Jackie replied that an invitation will be sent to the political party leaders after the 8th June.</p> <p>Francis thinks that the BMG should present to the two All Party Working Groups regarding what work we are doing on mental health and learning disability.</p> <p>May wanted to raise an issue for further discussion – some people are saying Bamford is finished. She is hearing this all the time from statutory sector and thinks that our status is possibly on the line because we are based on the notion of Bamford. The Recovery agenda, some people think there is no recovery in Bamford but Bamford brought people over to talk about Recovery. May does not think they have the word recovery in the Bamford recommendations but everything in it is informed by the notion of recovery.</p> <p>Jackie said we need to wait until we get the findings of the</p>	<p><i>Nigel</i></p>
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	<p>Bamford Evaluation before we can make any further decisions about BMG’s future.</p> <p>May said that at the last PCC workshop Rodney Morton had shared a diagram on his whole vision to hear the patient’s voice and BMG was absent. May will share this with members.</p> <p>Francis said that we need to be careful when the Bamford Evaluation is published that the BMG remains as he believes it is the only regional voice for mental health and learning disability.</p> <p>John said that is why BMG needs to have a “who we are paper” to highlight that Bamford is learning disability and mental health issues and is set up by government.</p> <p>Response from Equality Commission re: Concessionary Fares – Jackie and Louise met with the Chief Executive of Disability Action, Kevin Doherty and discussed this issue. Kevin informed them that the Department of Infrastructure are reviewing all of their policies</p>	<p><i>May</i></p>
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	<p>including looking at the Concessionary Fares policy. It was agreed to invite a representative from the Department of Infrastructure and Kevin Doherty to a future BMG meeting. Briege to invite these people to the November meeting.</p> <p>Nigel had made contact with the Equality Commission and the email was sent to members prior to the meeting today.</p> <p>Smart Travel Passes – Jackie informed the meeting that she has not written to Translink as the decisions are made by the Department of Infrastructure and we will wait until we hear from them.</p> <p>Mental Capacity Act – Finola McGrady, Mental Health & Capacity Unit, Department of Health will attend the October BMG Meeting.</p>	<p><i>Briege</i></p>
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Item	Updates from Commissioning Team/Programme Board	Action
	No update given.	
Item	Project Updates	Action
	<p style="text-align: center;">2016/2017 Projects</p> <p>Mental Health Future Planning Project – Jackie informed the meeting that Nigel had made contact with CAUSE and they have resources on their website on the topic of future planning but they do not have a training officer anymore and would require funding to do this. Jackie and Louise are meeting with Briege Quinn to discuss the way forward for this project on 18 July. Justin will attend this meeting also.</p> <p style="text-align: center;">2017/18 Projects</p> <p>Mental Health Care pathway – Jackie is still waiting to hear from the Department after the initial meeting. If a way forward is agreed and requires service user input, Francis would like to get</p>	

	<p>involved in this project. Jackie to keep the group informed of any progress.</p> <p>May informed the meeting that Eithne Darragh and Martina McCafferty are taking this forward and they are developing a service user and carer experience feedback forum regarding the mental health care pathway.</p> <p>HSC Experience for people with a learning disability and a mental health problem – Nigel is pleased with the way the event is coming together and he thanked the sub group members for all their advice and support. Nigel circulated hard copies of the invitation and asked members to help promote the event. Nigel said the invitation has been widely disseminated through all the Trusts and that the PPI Officers are visiting community, voluntary organisations and Trust day care centres, etc to promote the event. Numbers are slowly coming in and there has been a lot of interest from Trust staff as well.</p>	
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	<p>Nigel said he had met with Sarah Bravey from the NHSCT and she had suggested that one of her senior colleagues who is a Psychiatrist might be better to speak at the event.</p> <p>John asked if the cost for the event would be taken from the Bamford money. He said that the invitation should have come from the BMG not the PCC. Pat asked has the BMG not got their own logo. Jackie responded, saying BMG never had their own logo but the reports were printed in blue not green.</p> <p>Jackie responded that it was a senior management decision that everything goes out on PCC corporate colours.</p> <p>The group would like a BMG logo developed. Jackie to raise these issues with SMT.</p> <p>Jackie responded reiterating that she thinks we should wait on the findings from the Bamford Evaluation.</p>	<p><i>Jackie</i></p>
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	<p>John said the title for the event is very good but for future he would like to see higher profile of those three little words “Bamford Monitoring Group”.</p> <p>Jackie responded that the invitation was sent out to all BMG members for their comments and thankfully Paul highlighted the need to include the words on behalf of Bamford Monitoring Group.</p> <p>Justin said he contacted Belfast Loch Sailability regarding the event and he will hand deliver a personal invitation to them and if they want to participate with a stand they can contact Nigel directly.</p> <p>The drama piece will be done by Lilliput Theatre company.</p> <p>Members were asked to promote the event within their own networks.</p> <p>Brian asked is the event covering behaviours and understanding why people adopt different behaviours and perhaps what</p>	<p><i>BMG Members</i></p>
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	<p>strategies they can put in place or assistance they can seek to put in place which will eradicate or lessen the behaviours.</p> <p>Nigel replied that he thinks behaviours will come out in the engagement piece and will be quite high level whatever form it actually takes.</p> <p>Jackie said that Jean Hale will speak about her experience of having a mental health problem and trying to access services.</p> <p>John asked is there any carers of people with a learning disability involved/speaking at the event. Nigel replied that carers have been invited. It was agreed that a carer could speak for five minutes and gave their points of views.</p> <p>John asked if any of the BMG members who are carers would be willing to do this. Nigel is to liaise with Brian and Paul Greer on this.</p> <p>Francis said the event should help people with a learning disability recognise and know what is</p>	<p><i>Nigel</i></p>
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	<p>wrong with them if they have depression.</p> <p>Nigel said people will have the opportunity to speak to the organisations that have information stands at the event over lunch time. At the minute there are three organisations attending, Positive Futures, Mencap and Praxis. John mentioned that Triangle is very active in the Northern Trust area.</p> <p>Jackie is visiting Compass in Ballymoney next Tuesday to highlight the event to their service users.</p>	
Item	<i>Update on Structures</i>	Action
 <p>Health and Social Care Board</p>	<p>John welcomed Eithne Darragh, Health and Social Care Board to the meeting and everyone introduced themselves.</p> <p>Eithne gave a little background on herself - she is currently employed by the HSC Board as a Social Care Commissioning Lead and says their titles will probably change when their responsibilities change. Iolo Eilian has the lead</p>	

	<p>for Learning Disability and Eithne is the lead for Adult Mental Health at the HSCB.</p> <p>Eithne said they are not at the stage to detail any new structures. The delay being as a result of the Bamford Evaluation being held up. Despite this the HSCB are working very hard within their own areas to progress what they know will be in the Bamford Evaluation. All the things they have started to do across the region, they will continue to do these and they are waiting on the evaluation to tell them formally about structures.</p> <p>Eithne continued that there have been a lot of changes within the HSC Board, staff have retired and have moved on to other Departments, etc, and as a result of this they have had to look at their own responsibilities and capacity. They are proposing a slighter simpler approach within the HSC Board. The Public Health Agency sits around the table with the HSC Board and work very closely with each other.</p>	
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	<p>There is a service team meeting and John, Paul and May attend this, this used to be the Bamford Commissioning Team. Over the last year or so they have been trying to move away from the term Bamford and focus more on service commissioners. The term commissioner role will probably go from HSC Board to the Trusts. Eithne is anticipating that they will be advisors to the Department and are fairly confident that the social care directorate will go to a new agency which is combined with the people who are currently in the PHA.</p> <p>Eithne thinks this will not make any significant difference to BMG members and they will continue to have the service team meetings once a month, with the PHA, service users and carer reps and the Department.</p> <p>In terms of structures they have the Mental Health and Learning Disability service team meeting and under that there was a whole range of groups – up to eleven sub groups coming out of</p>	
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	<p>Bamford. Staff do not have the capacity to attend all these meetings. The HSC Board has a much more streamlined structure.</p> <p>Iolo Eilian is the lead for the sub group that focuses on Learning Disability and he meets with the assistant directors across the five Trusts on a monthly basis and is progressing day opportunities, promoting increased short breaks and is progressing the RQIA reports on learning disability services so that the services meet the needs of the people.</p> <p>Jackie asked if any of the BMG members sit on this group. Brian sits on this group.</p> <p>There is the Adult Mental Health sub group which meets every six weeks and is chaired by Stephen Bergin. Eileen Bell, Marty Daly and Karl Hughes attend from the Northern, Belfast and Southern Trust areas. Paul McFall sits on this group. This group focuses clearly on issues relating to adult mental health and through this group they have developed the</p>	
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	<p>wellbeing hubs and have looked at RAID which is an initiative in the Northern Trust.</p> <p>Both of these sub groups relate to the Service Team meeting.</p> <p>There is a Forensic Group and they are developing a Managed Care Network which is a new concept.</p> <p>Eithne also thinks that CAMHS are working towards a Managed Care Network.</p> <p>Jackie asked about service user and carer representatives on the adult mental health sub group.</p> <p>Eithne replied that they try and have one representative from each Trust area at the meetings.</p> <p>Paul replied that he does not think that there were ever any carers on this group, they were all service users. Eithne said she would raise this issue. All members agreed that there should be carer representatives at these meetings.</p>	<p><i>Eithne</i></p>
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	<p>Jackie said that approaching this from a Co-Production angle, working groups may need to consider a 50/50 representation.</p> <p>John said that ultimately he would like to see a Managed Care Network for people with a learning disability who have a mental health problem. There are psychiatric services within each of the Trusts but it is like the annual health check, they are not necessarily consistent.</p> <p>Eithne said there is also a Self-Harm Steering Group that reports to the adult mental health sub group and they try to bring together all the initiatives that are focusing on suicide and prevention and self-harm within the statutory sector. There is also a self-harm reference group - people who have chosen not to sit on the steering group and the Chair of this group attends the self-harm steering group. The HSC Board is in the process of writing an acute care pathway and this is one of the ways to promote best practice across the region. This will help service</p>	
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	<p>users, carers and staff understand the best practice that is available and should be available across all of NI and the group has two carers and two service users at the table.</p> <p>John said it is very encouraging for the BMG to know that this work is all going on.</p> <p>May asked who these groups will sit under when the new structures are in place. Eithne assumes that the Bamford Evaluation will ask the service team that currently exists in the new organisation to relate to a group at the Department, although the Department attend the service team and that is very useful.</p> <p>Paul asked if the BMG can get information on the acute care pathway, and if they can give feedback to the steering group. Jackie asked what the timescales are for this.</p> <p>Eithne replied that she will pass the information on this to Jackie and if the BMG could give</p>	<p><i>Eithne</i></p>
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	<p>feedback by the end of July, as it is at the final stage.</p> <p>Eithne informed the meeting that Martina McCafferty is taking on responsibility for the You in Mind branding which includes a range of care pathways, CAMHS, Addictions and a Forensic pathway which is being updated.</p> <p>Jackie said it would be really useful for Martina to come along to a BMG meeting to give an update on what is going on.</p> <p>Paul asked who is going to Chair the Service Team Meeting, now that Kevin Keenan is retiring. Eithne replied that it will probably be co-chaired by Iolo and Stephen in the interim.</p> <p>Pat asked is there a planned evaluation of the primary care talking therapy hubs. Eithne responded that Martina McCafferty is finishing a piece of work and the agreement is that she will do a very robust evaluation of the primary care talking therapy hubs across the five Trusts and this should be</p>	
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	<p>completed by the end of this year.</p> <p>Francis said that in the Southern Trust they are getting a lot of inappropriate referrals to these hubs. The hub is to treat mild to moderate conditions, but they are getting seriously mental ill people referred and this is causing problems.</p> <p>Jackie replied that the PCC are having a member's choice project and the theme that was picked was talking therapies. Jackie asked if any members would be like to be involved in this sub group. Francis and Pat put their names forward.</p> <p>Jackie will make contact with Martina regarding this project.</p> <p>Justin said he is very impressed that there is both a self-harm steering group and a self-harm reference group in relation to suicide and asked if he could see the notes as this is an area of interest for him.</p> <p>Eithne replied that she is not sure</p>	<p><i>Jackie</i></p>
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	<p>how the minutes of the self-harm steering group would be useful but she would share the action plan with BMG members. Eithne also said that there is the Protect Life Strategy and they are hoping there will be key messages in it for the self-harm steering group's action plan on moving forward. The group has influenced the Protect Life Strategy.</p> <p>May said that Eithne had raised the point about not calling yourselves Bamford but calling yourselves service team and May is just wondering what are the implications of that for the BMG.</p> <p>John said he would like to see a Bamford Engagement with people specifically involved in a co-production stage with the existing Departments in the Stormont Executive.</p> <p>Eithne replied that she thinks they have gone wider than Bamford and thinks Recovery Colleges probably were never imagined by Bamford but are very important and maybe it is</p>	<p><i>Eithne</i></p>
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	<p>recovery going forward.</p> <p>Francis asked what work the HSC Board is doing with the Education Authority to get through to school children about highlighting suicide prevention as there are a lot of teenage suicides.</p> <p>Eithne responded that she totally agrees with Francis but she could not answer what the Department of Education is doing. Eithne said she has a daughter who has just turned eighteen and she know that in a number of occasions Lifeline have been in the school delivering specific talks on suicide prevention and that the school also had a lot of mental health well-being education and have pastoral care within schools.</p> <p>John thanked Eithne for attending and providing the update.</p> <p>Eithne said that either she or lolo will attend the BMG meetings in future. Dates of meetings to be shared with Eithne and lolo.</p>	<p><i>Briege</i></p>
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Item	<i>Update on Reform of Adult Care and Support –</i>	Action
	<p>John welcomed Joanne McKissick, PCC to the meeting.</p> <p>Joanne said that she had asked a Department representative to attend the meeting with her today but it did not suit them and also informed the meeting that Justin sits on the reference group as well.</p> <p>Joanne referred to the PCC being set up in 2009 and since then we have had thousands of conversations with people. Some of the things that people have told us that are a priority to them relate to adult social care.</p> <ul style="list-style-type: none"> ● Information is important ● Domiciliary care workers provide great support ● Carers matters too ● Training for staff ● Transport and community services ● Technology can play a part <p>Joanne continued that in terms of the PCC Complaints work most of</p>	

	<p>the complaints received relate to the care of older people and are raised by carers and family members. There are two main areas:</p> <ul style="list-style-type: none">• Complaints about decision making on the care plan to be offered• Complaints about the quality and quantity of care offered <p>What do we mean by care and support – some of these pieces are taken from work that the Department presented to the reference group. A range of services provided across government and by families and communities to support people in our communities.</p> <p>In terms of our demographic picture by 2028 there will be more older people than children, society is changing and we need to ensure that the care and support system is fit to respond to the changing needs and the changes that will happen within society.</p> <p>The Department also presented</p>	
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	<p>about Changing Expectations – people want greater choice of control, changes in the rights of people with disabilities, expect more from the services, lack of understanding on how the system work.</p> <p>Stage 1: A discussion document – aimed at prompting the public debate on the future of adult care and support – this was completed in September 2013. Joanne appreciates this is a very big timeline and has been going on for a very long time and she wished the Department were here to talk about that process.</p> <p>Stage 2: A proposals paper – to set out a range of potential options for change and seeking the views of the public on which options should be taken forward – this was to happen in Spring 2017 but Joanne sees this more likely to be Autumn 2017 as there is no Minister to present the final report too.</p> <p>Stage 3: A Final Strategic Document – setting out the agreed direction and funding of</p>	
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	<p>adult social care along with the reforms required. This stage will likely require legislative reform.</p> <p>May asked is co-production with the providers of the care. Joanne replied that she is talking about co-production of the consultations piece and how they actually determine a way forward.</p> <p>Joanne continued – How have service users and carers influenced the Reform process to date. They took part in the Who Cares? Consultation. There were 15 public consultation events, 19 focus groups to inform the work with 600 people in attendance and 185 responses.</p> <p>The key themes that came out of the consultation were: accessibility, carers, funding, independence, mixed economy of care, personalisation, prevention and safeguarding.</p> <p>In terms of moving forward:</p> <ul style="list-style-type: none">• Developing proposals for change, i.e. consultation on proposals, commitment to co-production	
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	<ul style="list-style-type: none">• Role of Adult Care and Support Reference Group <p>An initial engagement was held in September to bring service users and carers together to let them know this work was happening and if people were interested in taking part in the group who would inform of all the work that needs to take place in years ahead.</p> <p>In December the reference group were made aware that the Minister was going to appoint an expert advisory panel to produce a Bengoa type piece to inform this work.</p> <p>The Expert Advisory Panel is made up of two people with expert in social care, both are from England.</p> <p>Why service users and carers views are so important in this process:</p> <ul style="list-style-type: none">• 25,000 domiciliary care service users• 12,000 residents in care homes	
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	<ul style="list-style-type: none">• Over 200,000 carers <p>Role of the Adult Care and Support Reference Group :</p> <ul style="list-style-type: none">• Provide regular and ongoing feedback for duration of the Reform project• Meetings with Expert Advisory Panel• Advising the Reform Project Board <p>Timeline Overview</p> <ul style="list-style-type: none">• August 2016 – service users and carers met• December 2016 – Expert Advisory Panel appointed• Call for evidence closed 23 January 2017: 46 responses received• February 2017 – Reference Group met Expert Panel• March 2017- DoH workshops x3 throughout NI and Reference Group discussed key themes in the Expert Panel Report• April 2017 – Reference Group met Expert Panel to discuss draft Report• June 2017 – Panel to formally submit their report	
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	<p>and recommendations to the Minister (or Permanent Secretary) this is still to happen</p> <p>Jackie asked if the draft paper is available from the expert panel. Joanne replied that she would imagine that it is ready.</p> <p>Francis said that nothing can be progressed until the permanent secretary implements what is happening at Stormont.</p> <p>Joanne said we will have to wait as talks with the political parties are due to resume after the election on 8 June.</p> <ul style="list-style-type: none">• Autumn 2017 – consultation Joanne has suggested to the Department that this is developed in partnership with the Reference Group. A pre-consultation exercise is to be carried out where there is extensive engagement to try and really understand what the issues are before a final consultation piece goes out. <p>May asked about the composition</p>	
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	<p>of the Reference Group. May sits on a Cares Coalition which is chaired by Carers NI and NICVA provides support. There are about ten groups represented in this coalition and none of these have been involved in any of this.</p> <p>Joanne is glad that May has highlighted this. Recruitment for this group was sourced through the PCC membership scheme and 3rd Age Database.</p> <p>The reference group did ask if they needed to go out and re-recruit in terms of trying to see if they can get fuller representation and the biggest part in that as well is that people within the group work across their established networks and connections to feed that information out. You cannot have everybody on a group it would not be physically possible. Justin said there was a very strong carer's presence.</p> <p>Jackie asked was it purely carers or was it carer's organisations. Justin thinks they took advice from organisations and this raised</p>	
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	<p>some thorny issues with the carers.</p> <p>Brian asked did the reference group see the expert panel’s final draft report or recommendations.</p> <p>Joanne replied the reference group received a letter from the expert panel group.</p> <p>Brian asked if the reference group was content that the expert panel were on the right course?</p> <p>Justin replied that the reference group were reasonably happy and he did not feel there were any undercurrents.</p> <p>Brian asked how long will it take to convert the expert panel report into actual proposals.</p> <p>Jackie asked if the letter from the expert panel can be shared with BMG members. Joanne replied that this cannot be shared as it was confidential.</p> <p>May asked was there any mental health input into the reference group.</p>	
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	<p>Joanne responded, just to be clear that the second slide was a work scoping exercise that was undertaken internally to try and understand what people had told us in the broad sense to inform us on this. We had representation on the group from Mencap.</p> <p>Jackie asked what size was the reference group.</p> <p>Justin replied that there are about twenty people on the group.</p> <p>May said that historically adult social care has excluded mental health. A lot of people who have mental health issues do not go to adult social care to look for support.</p> <p>John asked if the names of the reference panel members and who they are affiliated to can be shared with the BMG.</p> <p>Joanne replied that she will check if the names can be shared and if people are happy with this.</p> <p>Joanne said that the reference group made a proposal that they</p>	<p><i>Joanne</i></p>
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	<p>would like to go out and re-recruit.</p> <p>May replied that the carer's coalition will be in contact with Joanne to see if any of them can sit on the group.</p> <p>Brian said he is worried about the length of time this whole thing is taking.</p> <p>Joanne said she agrees with Brian and she knows the BMG were keen to get an update and that is why she came along and she is conscious that she is providing only half the story.</p> <p>Jackie said it has been very useful and it would be good if Joanne could come back and update the group again in a few months.</p> <p>Next Steps</p> <ul style="list-style-type: none">• Continued partnership work with Reference Group post Expert Panel report• Plan for the Reference Group to be in place for next 2 years and to help shape the pre-consultation and consultation in partnership	
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	<p>Joanne said it is worth noting that they have been proactive in challenging the Department on this to ensure that this partnership happens to facilitate and support people.</p> <p>John thanked Joanne for attending the meeting.</p>	
Item	Correspondence and Events	Action
	<p>Justin attended the Data Workshop on Mental Health at NICVA and he will email his report with members.</p>	
Item	Risk	Action
		
Item	AOB	Action
<p>.....</p> <p>.....</p>	<ul style="list-style-type: none"> • Justin is attending the NHSCT Deliberative Democracy Event on 17 June. Jackie to forward the questionnaire to John. • Justin sits on a group at Queen’s University Medical School regarding Formation of a Consultative Client Group to explore medical education 	

	<p>– they are looking to recruit 5 more members to the group. Justin will send the information to Briega for sending to members.</p> <ul style="list-style-type: none"> • Justin is attending an Addictions NI event on 30 June. 	
Item	Next Meeting	
	<p>Friday 1 September 2017 at 11:00am, BCM, Grosvenor House, 5 Glengall Street, Belfast, BT12 5AD.</p>	

END