

Patient and Client Council

Your voice in health and social care

Notes of the Bamford Monitoring Group Meeting Friday 7 April 2017, BCM, Grosvenor House, 5 Glengall Street, Belfast



Members at the meeting:

John McKee, Carer

Brian Sinnamon, Carer

Justin Greenwood, Service User

Francis McKenna, Service User

Jean Hale, Service User

Ursula Campbell, Service User

Pat McDowell, Carer

Paul McFall, Service User

Present:

Jackie McNeill, Patient and Client Council

Briege McAlister, Patient and Client Council

Nigel Warburton, Patient and Client Council

Gerard McWilliams, Patient and Client Council

Jessica Murray, Patient and Client Council

Iolo Eilian, HSC Board

Item	Welcome and Introduction	Action
	<p>John chaired the meeting and welcomed everyone. In particular, John welcomed Jessica to the meeting and informed members that Jessica is the new PPI Officer for the South Eastern Trust area.</p>	
Item	Apologies	Action
<p>apologies</p> 	<p>May McCann, Carer, and Catherine McGroggan, Service User.</p>	
Item	Notes of the last meeting	Action
	<p>The notes were approved.</p>	
Item	Matters Arising	Action
	<p>Follow up with Trusts re: suitable provision for mental health patients being discharged from hospital for convalescence into residential/nursing homes – Jackie apologised that she did not get a chance last month to write to the SHSCT. Jackie wanted to clarify with members that the letter is to find out why the SHSCT numbers are slightly higher than other Trust areas.</p>	<p><i>Jackie</i></p>

	<p>Nigel said it was noted that within 'future planning' communication that the Trust were hoping to open another respite unit in the near future in Newry.</p> <p>Jackie said this has come to the table a number of times and we have invited the Trusts throughout the financial year to BMG meetings to give a presentation on this. Jackie feels that the Trust is quite aware that they don't have appropriate facilities and questioned if there is something that can be done regionally on this issue. Francis agreed with Jackie.</p> <p>Paul McFall said there are a lot of places that people are discharged to, supported housing, different accommodation but it is not enough and the Housing Executive are very aware of this. There have been discussions with the Housing Executive to try and find more appropriate facilities for people coming out of hospital. People are waiting two years on appropriate accommodation.</p> <p>Paul suggested bringing the</p>	
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	<p>Housing Executive along to a BMG meeting to explain their budget. Iolo said that within Supporting People, last week, they announced a 5% cut for every supported living accommodation right across the North, which will make a massive impact. Iolo to forward a contact name for following up this issue to Jackie.</p> <p>Recovery Colleges – Francis said he raised the issue of people with a learning disability and mental health problems not attending colleges with the recovery co-ordinator for the Southern Trust. The Trust replied that they would like to make provision for people with a learning disability but at the minute they do not have the staff.</p> <p>Nigel replied that he has made contact with the NHSCT Recovery College and they said they do not have any specific courses but they will facilitate people with a learning disability. Nigel said that perhaps it could be part of the Learning Disability Project event which he is leading on and will be held in June. It was agreed to</p>	<p><i>Iolo</i></p>
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	<p>keep this matter on the agenda.</p> <p>Iolo said that within the Learning Disability Service Framework there is a requirement to access services related through mental health. The Board have started to look at the Mental Health Framework and how services should work together. Further work on this matter will happen in this coming year.</p> <p>Brian asked do we know how many people have a learning disability and mental health issue. Iolo replied that this is not recorded separately and one of the challenges is there are a lot of times people are diagnosed as having a challenging behaviour but they may be having an episode of mental health problems.</p> <p>John believes that for parity this is an area that should be looked at and statistics should be provided by the Trusts.</p> <p>John said there are areas that the health and social care directorate has looked at, e.g. eating</p>	
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	<p>disorders.</p> <p>Iolo replied that there has been a lot of work done with the 'Health Care Facilitators' in the last 12 months and the BMG might be interested in getting a presentation from Una Cushnahan who leads on this. Iolo to forward details of Una to Briege to follow this up.</p> <p>Recovery Colleges Newsletter – Briege contacted the Recovery Colleges in each Trust area to find out if they were producing their own newsletter:</p> <ul style="list-style-type: none">- NHSCT hopes to produce a newsletter quarterly;- SHSCT plan to produce a newsletter twice a year and- WHSCT do not have a newsletter, however they have a 'Recovery Café Bulletin' which is co-produced and issued at the Recovery Café meetings (every 2 weeks). <p>Paul asked John if he heard any more on the money that was coming from the Border Areas for Recovery Colleges. John replied</p>	<p><i>Iolo</i> <i>Briege</i></p>
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	<p>that it was discussed at the commissioning team meeting. Iolo responded that he thinks it is going ahead but the majority of the money is actually going down South as the investment has already been made here into the Recovery Colleges. John said that the hubs along the border were mentioned and the probability is that East Belfast and Derry City will be the only two at the minute that might get funding.</p> <p>Public Transport – Smart Travel Passes – Jackie said this issue evolved from the last meeting where it was queried why some people get a free travel pass and some people get a half fare travel pass. John had asked for someone from the Equality Commission to be invited to a BMG meeting so members could specifically address issues. Nigel has logged a call with the Equality Commission and is awaiting their response.</p> <p>Jackie informed members that Louise Skelly, PCC is meeting with the Head of Disability Action next week and it will be raised at this</p>	
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	<p>meeting.</p> <p>John asked Justin was this covered at the Law Centre event he attended in March. Justin replied that this issue was not covered, it was more about benefits. Briege to email presentation that was given at this event to all members.</p> <p>Update on review of adult social care – Jackie said it was agreed at the last meeting to invite Joanne McKissick, PCC and a Department representative to a BMG meeting to give an update. We are waiting a response from Joanne to confirm a suitable date.</p> <p>Iolo and Justin both attended a meeting at Oxford Island on Adult Social Care. Iolo said this meeting was led by the Department’s Implementation Team and they presented on where they are at the moment. This piece of work will sit beside the Bengoa Report.</p>	<p><i>Briege</i></p>
<p>Item</p>	<p>Updates from Commissioning Team/Programme Board</p>	<p>Action</p>



Iolo gave feedback on this – still waiting on the Bamford Evaluation findings. There are some personnel changes in the Department. Sean Cullion has joined the Learning Disability Policy side.

Jackie said that she had attended a meeting at the Department recently and they said they were still waiting on the Department for Communities to comment on the Bamford Evaluation. They reassured her that the Evaluation will be sitting in the new Minister's in-tray as soon as they arrive but until this happens it is business as usual.

Iolo said this is very frustrating because as part of the Bamford Evaluation there were clear recommendations for future work areas. Iolo met with the Department this week and they have agreed to start looking at what are the key areas and what pieces of work can be taken forward that do not need Ministerial approval. The Budget has not been signed off by the Department.

	<p>Jackie asked what pieces of work are being taken forward.</p> <p>Iolo replied that some pieces of work that have started -</p> <p>Muckamore Abbey – looking at reorganising what the hospital will look like, what it provides, should it be only be providing assessments and treatments, at the moment it is providing more than that. There are other pieces of work – around, Elderly Carers, Housing and Health care needs. The Department and Board will explore matters further the week after Easter to see what they can prioritise and start work on.</p> <p>John said the Learning Disability Hospital Passport was mentioned at the meeting - this is currently being developed and rolled out. It is being launched at the Long Gallery on 9 May.</p> <p>Iolo said if we go to Direct Rule in Westminster it will give the permanent secretary more authority to potentially move things forward. If it goes to Direct Rule we will only get 75% of the budget initially.</p>	
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	<p>John said there was a presentation from three psychiatrists about the mental health and physical health needs of our community in NI. There is heavy emphasis on the statistical information that people were dying 15-25 years earlier who had mental health problems. Eating Disorders in general terms which is a major contributory factor to early deaths – the enthusiasm to do something about it came across very well in the presentation. Unfortunately as we are going back to that sort of statement that is going round the tables regarding where the funding is coming from.</p>	
Item	Project Updates	Action
	<p>2016/2017 Projects Future planning for elderly carers of someone with mental ill health –</p> <ul style="list-style-type: none"> Jackie said that Nigel had given an update on the summary of feedback from the Trusts at the last meeting. Since then the WHSCT response was received and we have been promised a response from Belfast Trust. 	

	<p>After which the follow up paper will be finalised.</p> <p>Brian said he is really concerned about all that is going on at the moment, we have been trying to push things forward but with the inadequacy in the cutting of funding the whole future is looking bleaker than ever known before.</p> <p>Jackie said that the training for staff and learning disability carers regarding future planning was rerun. Numbers in certain areas were really low. Iolo said there are still a few training sessions to go. Nigel is to get the dates of this from Angela and the PCC will post this on their Facebook page.</p> <p>Future Planning Information Pack – Jackie expressed her concern to get this information onto NI Direct asap and asked Iolo for an update.</p> <p>Iolo has met with the communications team and</p>	<p><i>Nigel</i></p>
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	<p>the information that has been produced will go on to the Board's website, under the carer's section, there will be a link to NI Direct where you can access the information. Iolo hopes to get this up in the next couple of weeks.</p> <ul style="list-style-type: none">• Members were informed that the PCC/BMG had resubmitted a business case to the Public Health Agency (PHA) seeking funding for an Information Pack and Training for mental health carers on future planning. Iolo said this was discussed at the service team meeting and he feels that future planning for people with mental health is different than future planning for people with a learning disability, in that, individuals should be more involved in the design of their care plan. The cost that came with this is quite high and it was questioned if funds would be made available for this. Briege Quinn is to speak to Jackie about this.	
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- Justin said we need to be aware of the impact of the changes to welfare reform in NI will have on service users coming out of hospital into community.

2017/18 Projects

Mental Health Care pathway –

The Department gave the PCC a number of particular projects for their Business Plan - the Mental Health Care Pathway is one of them. Jackie, John and Justin met reps from the Dept, Briege Quinn, PHA and Rodney Morton, HSC Board to discuss the above project. Jackie informed the meeting that Andrew Dawson is moving onto a workforce planning post in the Department.

John referred to the discussion, stating the pathway had been in existence since October 2014 and the implementation of it within different Trusts is variable. There does not seem to have been any cohesive regional introduction. The positive thing that came out of the meeting was the Department are supportive of the Care Pathway being fully implemented and they will be

	<p>encouraging service providers to ensure it is operational. Rodney very clearly stated that the mechanisms and the procedures are all in place for carrying this out.</p> <p>Jackie had asked at the Departmental meeting, about the role of the BMG/PCC in this project and shared some points noted:</p> <ul style="list-style-type: none">- To facilitate discussions with service users on the care pathway e.g. did it work, etc.- Briege Quinn felt that most of the service user and carer engagement would be captured through the Sensemaker tool.- Engagement would also include senior Trust personnel, asking them, do they have a three year plan for the implementation of the pathway?- Interviews could be carried out by peer support workers with the possibility of people being paid for this work.	
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	<ul style="list-style-type: none">- All agreed the project should be co designed with service users and carers. It was unclear who would be leading this project at this stage. <p>Iolo asked if Eithne Darragh was at the meeting as she is the lead for Mental Health at the Board. Jackie said Eithne was not at the meeting and felt it would have been useful for her to have been present.</p> <p>Jackie said the meeting concluded with Andrew Dawson agreeing to draft a letter that will be sent to the Trusts informing them that there is going to be a review of the mental health care pathway. The letter is to be shared with Jackie, John, Justin and Rodney in the first instance. Jackie awaits this communication.</p> <p>Jackie asked if any members would be interested in helping to steer this piece of work and feel comfortable taking on the peer interview type roles. Paul and Justin indicated interested. Jackie referred to the PCC being the</p>	
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	<p>patient's voice they do not normally interview service providers about their roles. Jackie to check with SMT on this matter and the issue of paying for people to assist with fieldwork.</p> <p>HSC Experience for people with a learning disability and a mental health problem – Nigel is leading on this project and he informed the meeting that the first steering group meeting would follow today's BMG meeting. If anyone has an interest or experience in this area they are welcome to attend. The event will be held on Thursday 29 June in Grosvenor House, Belfast.</p> <p>Jackie said it is hard to gauge how many people will attend this event.</p> <p>Nigel said that they have got interest from Positive Futures in supporting the project.</p> <p>Francis asked about Mencap - Nigel has been in contact with them.</p> <p>Iolo confirmed that there are two</p>	<p><i>Jackie</i></p>
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	<p>thousand people in each Trust area with a learning disability that we know off and those figures might include people with a mental illness.</p> <p>Jackie suggested having Information Stands from learning disability organisations at the event, the steering group can consider this.</p> <p>PCC Members' Choice Project – Jackie informed the meeting that the PCC Members' Choice project will be based on Psychological Therapies – this was chosen by members at the membership event in March.</p> <p>Jackie said she hopes to set up a steering group to shape the project. She asked members if they knew anyone who would be interested and had experience of psychological therapies to contact her. Francis said he would be interested. Jackie responded that people need to have experience of psychological therapies. Francis said he and May sat on the Committee for the introduction on the psychological</p>	
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	<p>therapies and May might be interested.</p> <p>Francis said that one of the problems that emerged quite clearly about psychological therapies was the focus on mild to moderately ill people, but for the secondary care patients there was not really great provision unless they wanted to go private.</p> <p>Iolo responded that he thinks a challenge which psychological therapies faced was in relation to the model. It was based on the Belfast approach and because it was set in an urban area there were lots of services in close proximity. However, when they tried to replicate this across the other Trusts it was not as easy. There also has not been the funding to provide therapies for aggression, early stages, those types of preventative models.</p> <p>Francis said that the staffing of the psychological department of the Southern Trust was in a really bad way, staff on maternity leave, sick leave and the psychologists were under severe pressure to</p>	
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	<p>provide any kind of service. Francis recalled a CPN telling him that people only get four sessions at most. It did not matter how many sessions you needed, that was all they could provide.</p> <p>Francis was speaking to a qualified therapist operating in the Southern Trust – they are getting loads of inappropriate referrals to the psychological therapies hub, it is for mild to moderate people, yet they were getting secondary care people who are seriously mentally ill.</p>	
Item	Correspondence and Events	Action
	<p>Co-production Event, Mossley Mill - Jackie and John attended this event which was run by the Department. The event included examples of how co-production works and looked at principles of how to guide co-production.</p> <p>Jackie referred to a further working group, the purpose of which is to develop a policy position on co-production. It will also assess how this fits within the current PPI legislation.</p>	

Item	Risk	Action
		
Item	AOB	Action
<p>.....</p>	<p>Mental Capacity Act – Following Andrew Dawson’s attendance at the last BMG meeting, Jackie informed the meeting that Louise has been meeting with Catherine McGroggan to keep her up to date with BMG business. Catherine had raised a number of valid points in relation to the MCA. To date members had issued comments individually with regard to updates provided by Andrew Dawson. Members were reminded if anyone does respond they are to copy the PCC into their communication and the email will be kept on file</p> <p>Paul said the Code of Practice will be going out in May for full consultation and people will have the opportunity to respond. It was agreed that BMG would collate feedback from members to formulate a joint response.</p>	

Item	Next Meeting	
 A small icon of a spiral-bound notebook with the word "Meeting" written on it. Below the text is a small photograph of several people sitting around a table in a meeting.	Friday 5 May 2017 at 11:00am, BCM, Grosvenor House, 5 Glengall Street, Belfast, BT12 5AD.	

END

